# ಚಾಮುಂಡೇಶ್ವರಿ ವಿದ್ಯುತ್ ಸರಬರಾಜು ನಿಗಮ ನಿಯಮಿತ

(ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಸ್ವಾಮ್ಯಕ್ಕೆ ಒಳಪಟ್ಟಿದೆ)

ದೂರವಾಣಿ ಕಛೇರಿ: 0821-2343384 ಫ್ಯಾಕ್ಸ್ ಸಂ.: 0821-2417107

E-Mail: gmhrd@cescmysore.org Web:www.cescmysore.org CIN: U40109KA2004SGC035177



ನಿಗಮ ಕಟೇರಿ ನಂ. 29, ವಿಜಯನಗರ 2ನೇ ಹಂತ ಹಿನಕಲ್ ಮೈಸೂರು–570017

ಕ್ರಮಾಂಕ : ಪ್ರವ್ಯ(ಆ ಮತ್ತು ಮಾ.ಸಂ)/ಉಪ್ರವ್ಯ/ಸಪ್ರವ್ಯ/ವ್ಯ/2020–21

ಲಗತ್ತು: ಅನುಬಂಧ-1 & 2

ವಿಷಯ: ಕೋವಿಡ್–19 ವೈರಸ್ ಹರಡುವಿಕೆಯನ್ನು ತಡೆಗಟ್ಟಲು ಚಾವಿಸನಿನಿಯ ಕಛೇರಿಗಳಲ್ಲ ತೆಗೆದುಕೊಳ್ಳಬೇಕಾದ ಮುಂಜಾಗ್ರತ ಕ್ರಮಗಳ ಬಗ್ಗೆ.

ಉಲ್ಲೇಖ: 1. ಈ ಕಛೇರಿ ಸುತ್ತೋಲೆ ಸಂಖ್ಯೆ: ಪ್ರವ್ಯ(ಆ ಮತ್ತು ಮಾಸಂ)/ಉಪ್ರವ್ಯ/ಸಪ್ರವ್ಯ/ವ್ಯ/20–21/ ಸಿವೈಎಸ್-01 ದಿನಾಂಕ: 01.04.2020.

- 2. ಈ ಕಛೇರಿಯ ಮೆಮೋ ಸಂಖ್ಯೆ: ಪ್ರವ್ಯ(ಆ ಮತ್ತು ಮಾಸಂ)/ಉಪ್ರವ್ಯ/ಸಪ್ರವ್ಯ/ವ್ಯ/ಹಿಸ– 2/20-21/ಸಿವೈಎಸ್-27 ದಿನಾಂಕ: 13.04.2020.
- 3. The Chief Secretary and Chairman, State Executive Committee, Karnataka State Disaster Management Authority Bengaluru Ltr.No: RD 158 TNR 2020 Date: 22.04.2020.
- 4. ಸರ್ಕಾರದ ಉಪ ಕಾರ್ಯದರ್ಶಿ, ಸಿಬ್ಬಂದಿ ಮತ್ತು ಆಡಳತ ಸುಧಾರಣೆ ಇಲಾಖೆ(ಆಡಳತ ಸುಧಾರಣೆ, ಬೆಂಗಳೂರುರವರ ಸುತ್ತೋಲೆ ಸಂಖ್ಯೆ: ಸಿಆಸುಇ 26 ಕತವ 2020 ದಿನಾಂಕ: 27.04.2020.
- 5. ಈ ಕಛೇರಿ ಸುತ್ತೋಲೆ ಸಂಖ್ಯೇ ಪ್ರವ್ಯ(ಆ ಮತ್ತು ಮಾ.ಸಂ)/ಉಪ್ರವ್ಯ/ಸಪ್ರವ್ಯ/ವ್ಯ/2020–21 ಸಿವೈಎಸ್-165 ದಿನಾಂಕ: 12.05.2020.

ಕೋವಿಡ್-19 ನಿಯಂತ್ರಣಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಕ್ರಮ ತೆಗೆದುಕೊಳ್ಳುವ ಕುರಿತು ಉಲ್ಲೇಖ(3)ರಲ್ಲ ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಮುಖ್ಯ ಕಾರ್ಯದರ್ಶಿಗಳು ಹೊರಡಿಸಿರುವ ಮಾರ್ಗಸೂಚಿ ಆದೇಶವನ್ನು ಜಾವಿಸನಿನಿಯ ಎಲ್ಲಾ ಕಛೇರಿಗಳಲ್ಲ ಪಾಅಸುವಂತೆ ಉಲ್ಲೇಖ(5)ರಲ್ಲ ಆದೇಶಿಸಲಾಗಿರುವುದಕ್ಕೆ ಮುಂದುವರಿಕೆಯಾಗಿ ಈ ಕೆಳಗೆ ತಿಳಸಿರುವ ನಿಯಮಗಳನ್ನು ಕಡ್ಡಾಯವಾಗಿ ಪಾಲಸುವುದು.

#### 1. Generic preventive measures

Persons above 55 years of age, persons with comorbidities, pregnant women are advised to stay at home, except for essential and health purposes. Office management to facilitate the process.

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of infection with COVID-19. These measures need to be observed by all (employees and visitors) at all times. These include:

- i. Individuals must maintain a minimum distance of 6 feet in public places as far as feasible.
- ii. Use of face covers/masks to be mandatory.
- iii. Practice frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be made wherever feasible.
- iv. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.

- v. Self-monitoring of health by all and reporting any illness at the earliest to the immediate supervisory officer.
- vi. Spitting shall be strictly prohibited.
- vii. Installation & use of Aarogya Setu App by employees.

## 2. Specific preventive measures for offices:

- Entrance to have mandatory hand hygiene (sanitizer dispenser) and thermal screening provisions.
- ii. Only asymptomatic staff/visitors shall be allowed.
- iii. Any officer and staff residing in containment zone should inform the same to supervisory officer and not attend the office till containment zone is denotified. Such staff should be permitted to work from home and it will not be counted as leave period.
- iv. Drivers shall maintain social distancing and shall follow required dos and don'ts related to COVID-19. It shall be ensured by the service providers/ officers/ staff that drivers residing in containment zones shall not be allowed to drive vehicles.
- v. There shall be provision for disinfection of the interior of the vehicle using 1% sodium hypochlorite solution/ spray. A proper disinfection of steering, door handles, keys, etc. should be taken up.
- vi. Advise all employees who are at higher risk i.e. older employees, pregnant employees and employees who have underlying medical conditions, to take extra precautions. They should preferably not be exposed to any front-line work requiring direct contact with the public. Office management to facilitate work from home wherever feasible.
- vii. All officers and staff / visitors to be allowed entry only if using face cover/masks. The face cover/mask has to be worn at all times inside the office premises.
- viii. Routine issue of visitors/temporary passes should be suspended and visitors with proper permission of the officer who they want to meet, should be allowed after being properly screened.
- ix. Meetings, as far as feasible, should be done through video conferencing.
- x. Posters/standees/AV media on preventive measures about COVID-19 to be displayed prominently.
- xi. Staggering of office hours, lunch hours/coffee breaks to be done, as far as feasible.
- xii. Proper crowd management in the parking lots and outside the premises duly following social distancing norms be ensured.
- xiii. Valet parking, if available, shall be operational with operating staff wearing face covers/ masks and gloves as appropriate. A proper disinfection of steering, door handles, keys, etc. of vehicles should be taken up.
- xiv. Any shops, stalls, cafeteria etc., outside and within the office premises shall follow social distancing norms at all times.
- xv. Specific markings may be made with sufficient distance to manage the queue and ensure social distancing in the premises.
- xvi. Preferably separate entry and exit for officers, staff and visitors shall be organised.
- xvii. Proper cleaning and frequent sanitization of the workplace, particularly of the frequently touched surfaces must be ensured.
- xviii. Ensure regular supply of hand sanitisers, soap and running water in the washrooms.

- xix. Required precautions while handling supplies, inventories and goods in the office shall be ensured.
- xx. Seating arrangement to be made in such a way that adequate social distancing is maintained.
- xxi. Number of people in the elevators shall be restricted, duly maintaining social distancing norms.
- emphasises that the temperature setting of all air conditioning devices should be in the range of 24-30°C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be adequate.
- xxiii. Large gatherings continue to remain prohibited.
- xxiv. Effective and frequent sanitation within the premises shall be maintained with particular focus on lavatories, drinking and hand washing stations/areas.
- xxv. Cleaning and regular disinfection (using 1% sodium hypochlorite) of frequently touched surfaces (door knobs, elevator buttons, hand rails, benches, washroom fixtures, etc.) shall be done in office premises and in common areas
- xxvi. Proper disposal of face covers / masks / gloves left over by visitors and/or employees shall be ensured.

xxvii.In the cafeteria/canteen/dining halls:

- a. Adequate crowd and queue management to be ensured to ensure social distancing norms.
- b. Staff / waiters to wear mask and hand gloves and take other required precautionary measures.
- c. The seating arrangement to ensure a distance of at least 1 meter between persons as far as feasible.
- d. In the kitchen, the staff to follow social distancing norms.

### 3. Measures to be taken on occurrence of case(s):

Despite taking the above measures, the occurrence of cases among the employees working in the office cannot be ruled out. The following measures will be taken in such circumstances:

- i. When one or few person(s) who share a room/close office space is/are found to be suffering from symptoms suggestive of COVID-19:
  - a. Place the ill person in a room or area where they are isolated from others at the workplace. Provide a mask/face cover till such time he/she is examined by a doctor.
  - b. Immediately inform the nearest medical facility (hospital/clinic) or call the state or district helpline.
  - c. A risk assessment will be undertaken by the designated public health authority (district RRT/treating physician) and accordingly further advice shall be made regarding management of case, his/her contacts and need for disinfection.
  - d. The suspect case if reporting very mild/mild symptoms on assessment by the health authorities would be placed under home isolation.
  - e. Suspect case, if assessed by health authorities as moderate to severe, will be treated as per health protocol in appropriate health facility.
  - f. The rapid response team of the concerned district shall be requisitioned and will undertake the listing of contacts.

- g. The necessary actions for contact tracing and disinfection of work place will start once the report of the patient is received as positive. The report will be expedited for this purpose.
- ii. If there are large numbers of contacts from a pre-symptomatic/asymptomatic case, there could be a possibility of a cluster emerging in workplace setting. Due to the close environment in workplace settings this could even be a large cluster (>15 cases). The essential principles of risk assessment, isolation, and quarantine of contacts, case referral and management will remain the same. However, the scale of arrangements will be higher.

#### iii. Management of contacts:

- a. The contacts will be categorised into high and low risk contacts by the District RRTas detailed in the Annexure I.
- b. The high-risk exposure contacts shall be quarantined for 14 days.
- c. These persons shall undergo testing as per ICMR protocol.
- d. The low risk exposure contacts shall continue to work and closely monitor their health for next 14 days.
- e. The flowchart for management of contact/ cases is placed at Annexure II.

### 4. Closure of workplace

- i. If there are one or two cases reported, the disinfection procedure will be limited to places/areas visited by the patient in past 48 hrs. There is no need to close the entire office building/halt work in other areas of the office and work can be resumed after disinfection as per laid down protocol.
- ii. However, if there is a larger outbreak, the building/block will have to be closed for 48 hours after thorough disinfection. All the staff will work from home, till the building/block is adequately disinfected and is declared fit for re-occupation.

ಮಾನ್ಯ ವ್ಯವಸ್ಥಾಪಕ ನಿರ್ದೇಶಕರವರಿಂದ ಅನುಮೋದಿಸಲ್ಪಟ್ಟರುತ್ತದೆ. ಪ್ರಧಾನ ವ್ಯವಸ್ಥಾಪಕರು (ಆ ಮತ್ತು ಮಾ.ಸಂ) ಚಾವಿಸನಿನಿ., ಮೈಸೂರು.

#### ಪ್ರತಿಗಳು:

- 1. ಮುಖ್ಯ ಇಂಜಿನಿಯರ್(ವಿ), ಮೈಸೂರು ವಲಯ, ಚಾವಿಸನಿನಿ, ಮೈಸೂರು/ಹಾಸನ.
- 2. ಮುಖ್ಯ ಪ್ರಧಾನ ವ್ಯವಸ್ಥಾಪಕರು(ಆಂ.ಪ). ಚಾವಿಸನಿನಿ, ಮೈಸೂರು ರವರ ಮಾಹಿತಿಗಾಗಿ
- 3. ಅಧೀಕ್ಷಕ ಇಂಜಿನಿಯರ್(ವಿ), ಕಾರ್ಯ ಮತ್ತು ಪಾಲನೆ ವೃತ್ತ, ಚಾವಿಸನಿನಿ, ಮೈಸೂರು/ ಚಾಮರಾಜನಗರ– ಕೊಡಗು/ ಹಾಸನ/ಮಂಡ್ಯ ರವರ ಮಾಹಿತಿಗಾಗಿ.
- 4. ಉಪ ಲೆಕ್ಕ ನಿಯಂತ್ರಣಾಧಿಕಾರಿಗಳು, ಕಾರ್ಯ ಮತ್ತು ಪಾಲನೆ ವೃತ್ತ, ಚಾವಿಸನಿನಿ, ಮೈಸೂರು/ ಚಾಮರಾಜನಗರ– ಕೊಡಗು/ ಹಾಸನ/ಮಂಡ್ಯ ರವರ ಮಾಹಿತಿಗಾಗಿ.
- 5. ಪ್ರಧಾನ ವ್ಯವಸ್ಥಾಪಕರು, ತಾಂತ್ರಿಕ/ವಾಣಿಜ್ಯ/ಖರೀದಿ/ಯೋಜನೆಗಳು/ಲೆಕ್ಕ ಮತ್ತು ಕಂದಾಯ, ನಿಗಮ ಕಛೇರಿ, ಚಾವಿಸನಿನಿ, ಮೈಸೂರು ಇವರ ಮಾಹಿತಿಗಾಗಿ
- 6. ಕಂಪನಿ ಕಾರ್ಯದರ್ಶಿ, ನಿಗಮ ಕಛೇರಿ, ಚಾವಿಸನಿನಿ, ಮೈಸೂರು ಇವರ ಮಾಹಿತಿಗಾಗಿ
- 7. ಎಲ್ಲಾ ಕಾರ್ಯನಿರ್ವಾಹಕ ಇಂಜಿನಿಯರ್(ವಿ), ಕಾರ್ಯ ಮತ್ತು ಪಾಲನೆ ವಿಭಾಗ, ಚಾವಿಸನಿನಿ ರವರ ಮಾಹಿತಿಗಾಗಿ
- 8. ಕಾರ್ಯನಿರ್ವಾಹಕ ಇಂಜಿನಿಯರ್(ವಿ), ಎಂ.ಟಿ.ವಿಭಾಗ/ಜಾಗೃತದಳ/ಟಿಎಕ್ಯೂಸಿ–1,2/ಕಾಮಗಾರಿ ಇವರ ಮಾಹಿತಿ ಗಾಗಿ.

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- 9. ಎಲ್ಲಾ ಲೆಕ್ಕಾಧಿಕಾರಿ/ಲೆಕ್ಕಾಧಿಕಾರಿ(ಆಂ.ಪ), ಕಾರ್ಯ ಮತ್ತು ಪಾಲನೆ ವಿಭಾಗ, ಚಾವಿಸನಿನಿ ರವರ ಮಾಹಿತಿಗಾಗಿ
  - 10. ಎಲ್ಲಾ ಉಪವಿಭಾಗಾಧಿಕಾರಿಗಳು, ಕಾರ್ಯ ಮತ್ತು ಪಾಲನಾ ಉಪವಿಭಾಗ, ಜಾವಿಸನಿನಿ ಇವರ ಮಾಹಿತಿಗಾಗಿ.
  - 11. ಸಹಾಯಕ ಪ್ರಧಾನ ವ್ಯವಸ್ಥಾಪಕ(ಆಂ.ನಿ), ನಿಗಮ ಕಾರ್ಯಾಲಯ, ಜಾವಿಸನಿನಿ, ಮೈಸೂರು ಇವರ ಮಾಹಿತಿಗಾಗಿ.
  - 12. ಮಾನ್ಯ ವ್ಯವಸ್ಥಾಪಕ ನಿರ್ದೇಶಕರು/ಮುಖ್ಯ ಆರ್ಥಿಕ ಅಧಿಕಾರಿರವರುಗಳ ಆಪ್ತ ಕಾರ್ಯದರ್ಶಿಯವರಿಗೆ ಕಳುಹಿಸುತ್ತಾ, ಸುತ್ತೋಲೆಯ ಮಾಹಿತಿಯನ್ನು ಮಾನ್ಯ ವ್ಯವಸ್ಥಾಪಕ ನಿರ್ದೇಶಕರು/ ಮುಖ್ಯ ಅಧಿಕಾರಿಯವರ ಗಮನಕ್ಕೆ ತರುವಂತೆ ಕೋರಿದೆ.
  - 13. ಕಾರ್ಯನಿರ್ವಾಹಕ ಇಂಜಿನಿಯರ್(ವಿ), ಎಂ.ಐ.ಎಸ್. ಶಾಖೆ, ನಿಗಮ ಕಛೇರಿ, ನಿಗಮದ ವೆಬ್ಸೆಬ್ ನಲ್ಲ ಪ್ರಕಟಸಲು.
  - 14. ಪ್ರ.ಕ.